



If you're interested in becoming a **Certified Nursing Assistant (CNA)** and a **Geriatric Nursing Assistant (GNA)**, this training could be a good option.

#### 1. Organization providing the training:

Pressley Ridge

#### 2. Physical location where training occurs:

1045 Taylor Avenue Suite 23  
Towson, MD 21286

#### 3. Description of the training offered:

Healthcare Mentorship Maryland is an eight-week Certified Nursing Assistant/Geriatric Nursing Assistant (CNA/GNA) training program that provides comprehensive essential skills training, case management, job readiness instruction, placement and retention services to meet a critical demand of essential workers for a diverse group of healthcare organizations.

The 8-week program is divided into two components:

**1. Essential Skills (4 weeks):** Participants attend a 36-hour soft-skills training that provides an introduction to the professional skills required of entry-level healthcare employment. During this course, participants are taught essential skills with the target goal of becoming an effective and thriving healthcare professional. Training modules include career and soft skill development. Coursework also addresses classroom learning skills essential in preparing students for entering technical training.

**2. Technical Training (4 weeks):** Participants attend a 120-hour CNA/GNA training program through partnership with a licensed, external training provider certified by the Maryland Higher Education Commission and the Maryland Board of Nursing. The course consists of 120 hours of instruction; which includes 42 hours of clinical experience, 48 hours of lecture/theory, and 30 hours of lab/clinical practice. Upon successful completion of the program and all state licensing requirements, graduates will register with the Maryland Board of Nursing to obtain their nursing assistant certification.

#### 4. Trainees have the opportunity to earn the following industry-recognized certifications:

Trainees have the opportunity to earn the following certifications:

- Certified Nursing Assistant (CNA)
- Geriatric Nursing Assistant (GNA)
- CPR/AED BLS for Healthcare Providers, First Aid

## 5. Am I eligible?

To be eligible for this training program, applicants must:

- Be ages 18-24
- Have a Valid ID and Social Security Card
- Have a High School Diploma or GED®
- Must be able to pass a criminal background check
- Must be Drug-free

## 6. What is the application process?

Apply online-

<https://www.pressleyridge.org/services/transition-age-services/new-pathways/workforce-development/>

Contact-

Quanitta Favorite-Battle | Program Coordinator | [QFavoriteBattle@pressleyridge.org](mailto:QFavoriteBattle@pressleyridge.org)

Fred Slade | Career Development Services Coordinator | [FSlade@pressleyridge.org](mailto:FSlade@pressleyridge.org)

## 7. How much can I expect to earn if I complete this program and obtain employment as Certified Nursing Assistant (CNA) and a Geriatric Nursing Assistant (GNA)?

Trainees who complete this program and obtain employment as a CNA/GNA can expect to earn an average wage of \$15.00 per hour.

## 8: How much do I have to pay for this program?

There is no cost to applicants.

## 9. Where can I find more information?

**For more information, visit:**

Main website: <https://www.pressleyridge.org/services/transition-age-services/new-pathways/workforce-development/>

Facebook: [@pryouthworkforce](https://www.facebook.com/pryouthworkforce)

Instagram: [@prmdyouthworkforce](https://www.instagram.com/prmdyouthworkforce)